

**CREATING A FOOD FOREST**  
Weekend Workshop and Practicum  
March 30-31, 2019  
Dancing Spirit Ranch, Columbia Falls, MT

**SATURDAY**

8 am: BREAKFAST

9 am - 9:30 am: Welcome and Introductions

9:30 - 11 am: Introduction to forest gardening

- What is a forest garden
- Forest garden design principles
- Installation and maintenance

11 - 11:30 am: BREAK

11:30 am: Fruit tree guilds

12:45 - 1:45 pm: LUNCH

2 pm - 4:30 pm: Hands-on activities:

- Grafting
- Propagation
- Worm farming
- Seed starting (both perennial and annual)
- Division of perennial plants

6 pm: DINNER

7 pm: Local Food Forest presentation

7:30 pm: Readings, Group Sharing

## **SUNDAY**

7 - 7:45 am: Yoga Session

8 am: BREAKFAST

8:45 am: Gather-up

9 am - 10:30 am: Local examples of forest gardens (perennials, fruit trees and berry bushes that do well in Kalispell region)

10:30 – 10:45 am: BREAK

10:45 am: Designing your food forest

11:45 am - 12:45 pm: LUNCH

1 - 3 pm: Mini consultations with participants' properties

3 - 3:30 pm: Wrap-Up